



Tanglewood Running Team - Fall 2020



- Tues., Wed. & Thurs. from 3:15 - 4:15 sharp - come one day or all 3 days each week
- Cost: \$150 (includes t-shirt) - Make check payable to Tanglewood PTA
- Must be in grades 3-5 to participate
- Bring your own after school snack & water bottle
- Start Date: 9/22 End Date: 11/19 (9 weeks)

Student Name _____

Homeroom Teacher _____ Age _____ Shirt Size _____

My Student will (please check one):

Be picked up in front of school at 4:15 _____ Walk home at 4:15 _____

Parent/Guardian Name(s) _____

Cell Phone _____ Email _____

Emergency Contact Name/Relation _____ Number _____

Medical Concerns _____

Check YES _____ or NO _____ to allow your child to be a part of an exclusive YouTube/Instagram kids' channel hosted by Coach Bowman & running team members.

Waiver:

I know that participating in the Tanglewood Running Team (TRT) activities can be potentially dangerous. I assume all risks associated with running while participating with TRT, including but not limited to: falls, contact with other participants, the effects of weather including high heat and/or humidity, cold, traffic and condition of the road/park trails, all known risks being known and appreciated by me. If your child would like to bring an ipod to listen to music, it is their responsibility to keep up with it and take care of it. We will teach them proper etiquette in using head phones on a running trail. Students must be picked up promptly by 4:15. After two late pick-ups, students will no longer be able to participate in running team. Having read this waiver, and knowing these facts in consideration of you accepting this form, I for myself and anyone entitled to act on my behalf, waive and release TRT Coaches, TRT Volunteers, Tanglewood PTA, Fort Worth Independent School District, Run-On Fort Worth, Luke's Locker, The Cowtown and the City of Fort Worth their representatives and successors from all claims or liabilities of any kind arising out of my participation with the TRT.

Signature (parent or guardian)

Date

Questions: Contact lindsay.bloomer@gmail.com