



# Tanglewood Running Team - 2021



- Tues., Wed. & Thurs. from 3 - 4:15 sharp - come one day or all 3 days each week
- Cost: \$100 (for those that participated in the fall) or \$115 (for those that didn't participate in fall & includes t-shirt)
- Must be in grades 3-5 to participate
- Bring your own light after school snack and water bottle
- Start Date: 1/12 End Date: 3/11 (9 weeks)
- Last Day to sign up online for Running Team is 1/15

Student Name \_\_\_\_\_

Homeroom Teacher \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size \_\_\_\_\_

My Student will (please check one):

Be picked up in front of school at 4:15 \_\_\_\_\_ Go to Clayton daycare at 4:15 \_\_\_\_\_ Walk home at 4:15 \_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact Name/Relation \_\_\_\_\_ Number \_\_\_\_\_

Medical Concerns \_\_\_\_\_

Check YES \_\_\_\_\_ or NO \_\_\_\_\_ to allow your child to be a part of an exclusive YouTube/Instagram kids' channel hosted by Coach Bowman & running team members.

## Waiver:

I know that participating in the Tanglewood Running Team (TRT) activities can be potentially dangerous. I assume all risks associated with running while participating with TRT, including but not limited to: falls, contact with other participants, the effects of weather including high heat and/or humidity, cold, traffic and condition of the road/park trails, all known risks being known and appreciated by me. If your child would like to bring an ipod to listen to music, it is their responsibility to keep up with it and take care of it. We will teach them proper etiquette in using head phones on a running trail. Students must be picked up promptly by 4:15. After two late pick-ups, students will no longer be able to participate in running team. Having read this waiver, and knowing these facts in consideration of you accepting this form, I for myself and anyone entitled to act on my behalf, waive and release TRT Coaches, TRT Volunteers, Tanglewood PTA, Fort Worth Independent School District, Run-On Fort Worth, Luke's Locker, The Cowtown and the City of Fort Worth their representatives and successors from all claims or liabilities of any kind arising out of my participation with the TRT.

Signature (parent or guardian)

Date

\*\*Please leave completed form and check made out to Tanglewood PTA in the office in running team folder\*\*

Questions: contact lindsay.bloomer@gmail.com